



The Internal Fitness™ Company

# Night

## Melatonin

Antioxidant that Helps to  
Regulate Your Sleep Cycle\*

90 Tablets  
Dietary Supplement

**Warning:** Keep out of the reach of children.

**\* These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.**

**Caution:** Consult with your health care practitioner before using this product, especially if you are pregnant, nursing, anticipate surgery, taking any medications on a regular basis or are otherwise under medical supervision.

**Storage:** Keep tightly closed. Store in a dry place and avoid excessive heat.

Our supplements are produced at an FDA registered, GMP compliant facility and contain no harmful fillers. They are vegetarian and not tested on animals.



**Directions for use:** For Adults only. Adults take one (1) tablet per day with meal or liquid 30-60 minutes before going to bed.

## SUPPLEMENT FACTS

Serving Size: One (1) Tablet

Servings Per Container: 90

Amount Per Serving	% Daily Value	
Melatonin	3 mg	†

† Daily value not established

**Other Ingredients:** Dicalcium Phosphate Dihydrate, Microcrystalline Cellulose, Croscarmellose Sodium, Stearic Acid Food Grade (Vegetarian), Pharmaceutical Glaze and Talc, Magnesium Stearate (Vegetarian), Silicon Dioxide.

**Formulated To Exclude:** Gluten, Wheat, Soy, Dairy or Lactose, Yeast, Corn, Egg, Nuts, Fish, Crustacean Shellfish

**Manufactured Exclusively For Ixcela, Inc.**  
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